

Affirmation * Inspiration * Vision * Strategy

The **MOTTO** I use for my work is as follows:

Guiding your future probabilities and possibilities...

Due to the realities of free will, although your future is probable, it is not certain. In fact, it is destiny to use free will as a co-creative process of fulfilling it. Destiny is a word that encompasses living authentically, and it should be loosely defined, because the way in which we each engage our free will is open-ended and so we each invariably contribute to the outcomes of our life pretty much every step of the way. And yet, ironically, the probabilities seem to come through just the same. Yes, it is something of a paradox.

Who you are by your nature is an intrinsic aspect of your destiny. It can even be said that your true destiny is to live and express who you are, authentically. It is not a matter of what you 'should do' to be good or right or accepted..., rather, by living authentically we find our happiness and our health and fulfillment in general, all of which are personal realities. That is why gaining insight and guidance about it can prove so valuable and empowering.

So, this basically describes my motto and the following four keywords outline the **CREDO** for my work:

Affirmation * Inspiration * Vision * Strategy

Affirmation

Affirmation is that deep feeling of relief from doubt, uncertainty and confusion. It restores the conviction not only that we have a right to be here but that we are excited to be here to live fully and with purpose and passion.

We all get these intuitions about who we are and what are our gifts and talents and what excite us. But are you always sure what they mean, where they may lead, how to best follow them, when to act, why they are important and/or how they fit into the larger context of your life?

Affirmation restores a deeply felt sense that it is good and right and even divine to be the individual person you are and where you are at in the here and now.

Affirmation is a powerful gift. When we feel affirmed in a deep way, it is natural to experience inner and outer alignment.

Such alignment is its own source of healing. Stress is a consequence of lack of alignment and excess stress is a primary source of 'dis-ease'. In our fast-paced and exciting times, the need to feel affirmed and aligned is more important than ever.

Deep and authentic affirmation will support you to trust your own intuitive hunches, gut feelings and inner guidance about who you are and that you are meant to be alive and what constitutes the themes of your destiny and purpose for being here.

Astrology is a powerful tool that can help you to know yourself better in a deep and personal way. When used well, Astrology can effectively and accurately affirm who you are, outlines your strengths, gifts and potentials, as well as your challenges, and it can also bring important emphasis to that key element in life known as timing, and specifically that of your own .

Inspiration

Inspiration brings a state of courage, confidence and clarity. To be inspired leaves us feeling so much more is possible than we previously believed. True inspiration touches us deeply, ignites our heart, clears the clouds of doubt and shines a light of joy upon our life.

When applied with sensitivity, sincerity and skill born of years of dedication and experience, Astrology proves to be a very effective tool for instilling a deep feeling of inspiration in people. This is so because it is a natural psychology and has the ability to shed a bright light upon our sense of authenticity as an individual and the possibilities this implies.

Inspiration is one of the most important words in the world. I consider it to be a very spiritual word. Not surprisingly, it contains the word SPIRIT within it. Without a feeling of inspiration, the journey of life can feel heavy, depressing, narrow and at worst full of fear and despair. It is by way of inspiration that we gain excitement, enthusiasm, willpower, patience, inner strength, resolve, focus, passion and joy.

There are various levels of inspiration. We may feel it by way of witnessing and/or experiencing the joys of nature. The simple reality of people enjoying their life inspires us. We feel it when we see others we admire and love overcome obstacles, persevere and reach their goals. Perhaps the greatest feeling of inspiration comes from having a deeply felt sense of the boost it gives us to make choices and decisions that lead us to actualize the many levels of potential which we each possess within our being.

When we feel inspired, not only do we feel happier and stronger, we are also able to celebrate other people pursuing their destinies and dreams. Inspiration is for life and living fully.

Astrology is a powerful tool to activate inspiration because it has the capacity to look deeply you're your nature and illuminate the core essence of your nature, character, destiny and purpose for being alive. To inspire my clients is one of the cornerstones of my work as a Life Coach Astrologer.

Vision

Vision fortifies our will to be and do and it activates the creative genius we each possess. It is vision that leads people to do and achieve things greater than they or anyone else ever could have believed possible.

All of our faculties are brought to the fore and expanded to their highest potential when our life is guided by vision. To live with vision is to live with a deep sense of purpose, passion, strength, courage and fulfillment.

When a parent proclaims that they are not simply raising a child but are procuring in their child a foundation of maturity and integrity to living a meaningful life and to make a contribution to society, their intent is guided by vision. When a person expands their scope and affirms their self-worth, and directs their choices and actions to create a better world for all and for future generations, they are living their life inspired by vision.

Vision lifts us beyond the mundane and otherwise seemingly isolated state of our existence. No matter what are our roles or tasks, however simple they may seem, vision produces within us a deep sense of unity and communion with life.

To live with vision is to live with a greater sense of purpose than is encompassed by your own life, your own interests, concerns and ambitions. When your life is guided by vision, you respond to life's challenges proactively versus reactively. What were once apparently large challenges and sufferings can quickly dissolve in the light of vision. Vision can uplift you from an attitude of feeling victimized and weak. Living with a true sense of vision is most certainly an indication your life is guided in response to love and not in reaction to fear.

Beyond the faculty of sight, vision helps us to see a larger sweep of reality and it allows us to feel that we are one with it. Vision expands our perspectives, uplifts our overall attitude and fortifies our resolve. Vision draws from within us the capacity to endure and overcome obstacles that would otherwise seem insurmountable, to make more easily sacrifices for the sake of a greater good when circumstances require it.

The difference between a people who live according to a sense of vision is well-illustrated in the story of two brick layers building a cathedral. The one without vision lays bricks, while the one with vision participates in the great feat of building a cathedral.

When employed with visionary intent, Astrology has the great capacity to help you to awaken to and identify with what constitutes a vision for your life, and for the various chapters of your life. I invite you to allow me to help you to clarify and strengthen a vision for your life. Vision is a cornerstone of my approach.

Strategy

Strategy implies a plan that is sound, realistic and logical. When we activate strategy in our lives it suggests that we are in the game. When we move beyond reaction, doubt, confusion and fear and we employ a strategic approach, we feel more confident that we can and will succeed.

Strategy implies careful thinking, planning and action. It can be included in the most simple of tasks like cooking or cleaning, even raising a family. Most people employ strategy in one way or another and usually in various areas of and throughout their life. In many respects, strategy is an all-important process. A lack of strategy causes worry and stress, procrastination, missed opportunities and failures. There are many types of strategy you can employ and in most cases it implies an assertion of creative intelligence.

The crafting and implementation of effective strategy is what separates leaders from followers, and to winning as opposed to losing. We can use words like intelligence, wisdom, confidence, courage, creativity, genius, leadership, ambition, desire, vision, or all of the above to describe strategy or the crafting and implementation of it. The simple fact is that we all need but not everyone is adept or even good at it. It is for this reason that we often need to and are wise to reach out to others to gain support in this all-important area of life.

To be effectively strategic it helps to know what your objectives are, and what your obstacles are. With the tools of Astrology I am able to guide you to take practical action, to be deliberate and strategic, in alignment with your authentic nature and the timing of your destiny.

I invite you to [make an appointment for a Reading](#) which will include some emphasis on strategy to assist you to make wise decisions in accordance to what you want, need and sense and according to what is revealed in your Reading session. If it feels needed, I can take the focus on strategy even further and this is where an initial Reading can evolve to become a guided process of Life Coaching, which invariably incorporates deep affirmation, uplifting inspiration, authentic and meaningful vision and practical strategy.

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Guiding Your Future Probabilities & Possibilities...