

Better Understand Horoscopes to Get the Most from Them

Horoscopes have more value than mere entertainment, just as does Astrology. In addition to practical realities, the value extends to psychological and even spiritual benefits as well. Astrology certainly, and Horoscopes too, if they work at all, reveal a divine purpose at play in the cycles, rhythms and challenges of life. After all, we are talking about the outer and rhythmic manifestation of synchronicity associated with planetary alignments and their perceptual proximity with the Fixed Stars all from our geo-centric perspective.

This Earth-centered perspective is less about science and physics and significantly more about consciousness and experience at both individual and collective levels. What this implies is that we are subconsciously engaged in a co-creative dynamic. From the perspective of holism, which extends to include words like oneness and more sophisticated terms like the 'grand continuum', notions of division and separation become terms we used to organize our thoughts, yet which fall short of higher truths.

That Astrology and Horoscopes too reveal purposeful probabilities which can be accurately understood as themes of destiny is a marvelous truth worthy of our deeper consideration. They reveal a conscious, intelligent, intentional, purposeful, creative, meaningful and loving source of existence. That our practical lives are the vehicle of experience for our spiritual life, which represents the evolution of the soul, is also an important fact. As valid and valuable as religion and various spiritual practices are, our own lives are the vehicle of our sacredness. All we need to do is realize that the experiences of our lives are expressions of a deeper purpose, a deeper plan and it finds its source divine will. The notion that our experiences are merely subject to outer circumstances and free will choices is false and reveals spiritual ignorance. That Astrology and even Horoscopes too work at all proves that such shallow, materialistic notions are false.

A Horoscope can be written for any given time period – a day, week, month, season, year or even longer. Each Horoscope is like a different size camera lens serving to offer a different angle of time perspective for the year. It may come as a surprise to learn that the Daily Horoscope is the most challenging in terms of accuracy because it is like trying to hit a small target.

The practical value of horoscopes can prove especially true when they are presented in layers, each revealing a different scope of perspective such as an overview for the year, each month and week and to this list can be added each season and each day. The length of time-period will determine the exact focus of the themes highlighted. Combining Horoscopes for each one of these periods provides an overlay that offers much more than any one level or scope of time could alone.

Accessing more insight, meaning and guidance from reading Horoscopes also includes knowing which 1 or 2 other signs in addition to your Sun Sign you can read. To do this, at least an approximate time of birth is required. Since Horoscopes are based on SOLAR principles, as opposed to lunar, contrary to what might be assumed, the Moon is not principle among these two signs. The first is your Ascendant or Rising Sign, which is the sign located on your first of 12 House Cusps. Below here is a brief explanation.

The Zodiac is a circle, symbolic of a cycle divided into 12 and the division lines, like borders between states, for example, are referred to as 'cusps' between the signs. This extends to Houses as well, which can be basically interpreted as shadow imprints of the 12 signs. So, there are 12 Signs and 12 corresponding Houses. In this regard, 'as the world turns', literally, the signs also move, but the Houses remain fixed in the original location of the 12 Signs. Since Aries is the first Sign of the Zodiac, the themes associated with the First House are closely aligned with those of Aries, and this is the case for each of the Sign/House pairs.

This is why the foundations of learning Astrology begin with a deep and thorough understand of what is technically referred to as the 'Natural Zodiac'. In this regard, Aries is the sign that occupies the first House Cusp. In turn, the First House Cusp also corresponds to the Ascendant, otherwise referred to as the Rising Sign. Ruled by Mars, the planet of action, Aries is directly associated with one's spontaneous mode of expression. This is generally determined by the sign itself on the First House, or Ascendant, but then there are more advanced 'layers' that include determining the influence of the exact degree of the Sign. This knowledge, however, transcends this article.

So, you can read the various layers of any given Horoscope, and you can read different Horoscopes based on the time frames they encompass, whether it is a day, week, month, season, year or multiple years even. The time span is not fixed, but these are the common timeframes in association with the basic logic of how we perceive and experience time.

Assuming that the various layers and aspects of reading your Horoscope will simply offer the information fully synthesized is... assumptive. Thus, these layers and the spectrum of time frames implied can add to the overall depth and quality of insight and guidance that you are seeking. Yet, you have to be willing to also exercise your ability to synthesize the information. In this regard, some degree of reflection, contemplation and interpretation is generally required to associate the words and sentences and themes presented to make sense in your own life. Sometimes they will very strongly, but perhaps not always, but nor should they be expected to do so. The irony of Horoscopes is that they are written to encompass entirely 1/12 of the population, which is why people tend to dismiss them. Yet, in the deeper reaches of why and how they work, they would be more appreciated. This is where holism and the principle of fractals again come to the fore, yet even saying that is just the tip of the iceberg. Gaining a much fuller and deeper understanding of such complex principles is addressed in my longer Tips

usually included at the beginning of the Horoscope Sign entries, and even more so in my Masterclasses.

This is also where an actual Reading of your chart comes to the fore. Astrology in practice, the logic and science of the holistic and metaphysical models upon which it is based aside, can be accurately understood as an interpretative art, and it is the goal of the astrologer to synthesize the information. Yet, even in this regard, it should be noted that different astrologers interpret differently. This too should be quite obvious. Life is much more like English Literature than it is basic mathematics, the latter of which emphasizes linear logic, while the former reveals the reality that life as a whole is invariably interpretative. The many genres of literature, visual art, music, dance and performance should be enough to prove this point.

Horoscopes serve to tune you into natural rhythms and help you to make more conscious choices as well as to simply be inspired to live more consciously and fully. Yet the finer print yet reveals that other important truth that while we all live by Destiny, we also have Free Will, making life a process of cooperation between the probabilities of our destiny, combined with the circumstantial realities of our immediate realities of our personal lives and those of society in general, including the weather, and the political and economic climates too. And then there is the factor of free will.

Free will does not delete destiny, as it were, and it is meant to be and is invariably a cooperative principle, yet most people tend to assume that they live purely according to free will and circumstances and destiny does not play a role. In this regard, what this reveals is not power and strength, but illusion and delusion. That, how and why Astrology works, and indeed it does, proves this point quite handily. That people do not perceive it this way is more a theme of human psychology and social conditioning than fact and truth.

How to Get the Most Out of Your Horoscopes

Daily, weekly, monthly, quarterly and yearly Horoscopes are popular all over the world. The reasons for this are many, yet put simply, people are intrigued at the prospect that the stars and planets do actually have an influence on their life, and they do. Gaining any kind of guidance, insight and inspiration, not to mention entertainment, is exciting and can help keep life interesting as well help you to achieve your goals and to be more aware of the growth process for yourself and those you love. Traditionally, newspapers have included Horoscopes merely and purely for entertainment and many still do. However, as Astrology grows in popularity so too are the Horoscopes and they are getting better all the time, though many remain vague and disappointing because the Astrologers writing them are not truly aware of the science of writing Horoscopes.

Yes, there is actually a science as well as an art to writing Horoscopes that even many qualified Astrologers do not realize. The secret to understanding this science lies in a fuller appreciation

of the Holistic nature of the universe in general and Astrology in particular. I understand this science and this is why so many readers tell me that the Horoscopes that I write are so “bang on!” week after week and they have been telling me this for over 12 years!

As an Astrologer, I recognize that while the sun-sign Horoscopes can offer insight, guidance and inspiration of a very useful kind, people can never really benefit as much than from an actual personal reading and professional interpretation of their entire birth chart (map of the hour and day). However, they can help especially when you are aware of the one or two or three other principle signs to read each time you read your Horoscope.

Now imagine having three Horoscope zodiac signs to read and examine on any given day! Imagine that these Horoscopes all worked together covering a period of one year with the largest covering an overview of the whole year, another covering three months or a whole season, and one for each week all designed to work together to help you gain greater self-awareness, guidance, insight, inspiration and entertainment.

Add to this list additional Astrology “TIPS” at the top of each Horoscope, generally designed to encompass the time period outlined, as in a week, month or year intended to educate you more about the actual Horoscope you are reading, or provides facts, updates and other useful information about Astrology in General or current events in the world, and/or psychological and spiritual guidance etcetera. You can imagine that with all this useful, personal information you could quickly learn to tune into your own natural rhythms and intuition.

Horoscopes do indeed work, but you must be willing to approach them ready to also work, especially if you are seeking insight and guidance from both the multiple layers of any given Horoscope and a synthesis of various time frames offered.

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Guiding Your Future Probabilities & Possibilities...

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